



TACOS

Two Tacos: \$12
Three Tacos: \$17

All tacos are served on corn tortillas with house tortilla chips.
Flour tortillas available upon request

GRILLED FISH

Grilled cod w/ avocado aioli, sesame slaw, pickled red onion, & tropical salsa. (GF)

GRILLED SHRIMP

Grilled shrimp w/ sesame slaw, pickled red onion, tropical salsa, & avocado aioli.

KALUA PULLED PORK

Smoked Kalua pulled pork w/ coleslaw, house BBQ sauce, chipotle white sauce, & grilled pineapple

BAJA FISH

Battered and fried cod w/ white sauce, sesame slaw, & cilantro

CARNE ASADA

Marinated steak w/ coleslaw, white sauce, pico de gallo, cotija, & scallions

SHORT RIB 🌶️

Grilled short rib w/ coleslaw, chili mayo, tropical salsa, & scallions

GINGER BEEF

Ginger beef w/ caramelized onion, tropical salsa, & chili mayo

SIDES

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|---------------------------|---|
| PICO OR GUAC | 3 |
| CORN TORTILLA CHIPS | 3 |
| SEASONAL SMOKED VEGGIES | 5 |
| RICE & BEANS | 3 |
| FRIED PLANTAINS (4 PIECE) | 3 |
| MAC SALAD | 3 |

BOWLS

CLASSIC BOWLS

Includes 1/2 lb protein, rice, fried plantains, sauce, house black beans, & pickled red onions

| | SM. | REGULAR |
|----------------------------------|-----|---------|
| GRILLED CHICKEN | 8 | 14 |
| KALUA PULLED PORK | 8 | 14 |
| GRILLED STEAK | 9 | 17 |
| GRILLED SHRIMP | 9 | 17 |
| COMBO BOWL choose any 2 proteins | | 16 |
| DOUBLE PROTEIN | | + 6.50 |

Choose your rice White Rice or Brown Rice

Choose your sauce Teriyaki, Barbecue, or Sweet Chili

SIGNATURE BOWLS

| | |
|--|----|
| VEGGIE BOMB 🌶️ | 16 |
| Brown Rice, Black Beans, Sesame Roasted Sweet Potato, Broccoli & Edamame, Crispy Wonton, & our house spicy bbq mayo. *Skip the wontons for a gluten free bowl! | |

ADD-ONS

| | |
|-------------------|-----|
| Smoked Bacon | 3 |
| Grilled Pineapple | .75 |
| Chili Crunch 🌶️🌶️ | 1.5 |

*Please notify us of any food allergies & allow extra cook time as we clean our surfaces to prepare your order, thank you!

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

BURRITOS & 'DILLAS

Served with house tortilla chips

KALUA PULLED PORK BURRITO 12

Kalua pulled pork, shredded cheese, pico de gallo, chipotle white sauce, black beans, & white rice

CARNE ASADA BURRITO 13

Carne Asada, white rice, black beans, shredded cheese, pico de gallo, & avocado aioli

VEGGIE BOMB BURRITO 15

Brown Rice, Black Beans, Sesame Roasted Sweet Potato, Broccoli & Edamame, Crispy Wonton, & our house bbq mayo.

CHEESE QUESADILLA 11

w/ hoisin lime sauce, sour cream, & tropical salsa

- Add Black Bean + 2
- Add Chicken or Pork +2.50
- Add Steak or Shrimp + 4

SALADS

THE KICKIN' SESAME CHICKEN 13

Grilled sweet chili chicken, cucumber, tomato, crispy wontons, chia & flax seeds, sesame slaw, shredded carrots, & sesame dressing

THE ISLANDER 14

Pulled Pork, cucumber, crispy wonton, grilled pineapple, pico de gallo, & ginger dressing.

RHODY SALAD 14

Grilled Chicken, cucumber, pico de gallo, grilled pineapple, & ginger dressing

KIDS MEALS

KIDS RICE BOWL 8

White rice, black beans, sauce, & choice of chicken, pulled pork, or grilled shrimp

MINI QUESADILLA 7

Add grilled chicken, black beans or pulled pork +2

TENDERS & FRIES 7

Fried chicken tenders w/ french fries



\$12 FROZEN BOWLS

Our frozen bowls are made with a refreshing frozen fruit sorbet over a layer of our house made granola! Each frozen base is organic, vegan, gluten free, dairy free, non-GMO, & fair trade

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BERRY BOWL

Granola, strawberries, blueberries, coconut chips, & honey.

TROPICAL BOWL

Granola, banana, pineapple, coconut chips, honey, and chia & flax seeds

PROTEIN BOWL

Granola, coconut flakes, almond slivers, crushed walnuts, chocolate chips, peanut butter, & honey

NUTELLA BOWL

Granola, banana, coconut chips, honey, & Nutella

PITAYA

BEACH BOWL

Granola, pineapple, blueberries, coconut chips, & Nutella

SUNSHINE BOWL

Granola, pineapple, strawberries, & honey

DRAGON FUEL

Granola, strawberries, blueberries, coconut chips, & Nutella

BYO BOWL

Add your favorite toppings to any bowl or Build Your Own! 10+

Premium Toppings

\$.50

blueberries, strawberries, banana, pineapple, almonds, walnuts

Basic Toppings

\$.25

chocolate flakes, coconut flakes, peanut butter, Nutella, honey, chia & flax seeds, extra granola



CHECK OUT OUR CATERING MENUS AT ISLANDTIMECATERING.COM

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